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In Search of Good Food | Feast your eyes on Zenchilada

BY MARTY ROSEN • THE COURIER-JOURNAL • NOVEMBER 17, 2010

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To a slight extent, the coverage leans toward Meso-American foodways, but that emphasis is as much about tone and philosophy as about food. The current issue includes pretty much everything you could possibly want to know about deviled eggs, Southern fried chicken and pickled eggs, as well as articles on chile rellenos and enchiladas topped with a fried egg.



And yet, despite the subject matter, The Zenchilada is unlike any other [food](#) magazine you've ever read. It's more like one of those fine literary reviews that's driven not by the marketplace but by the urgent passion of the editors. "We wanted to emphasize nuance, depth and humor," said Lundy in a phone interview from her home in New Mexico.

Since being diagnosed with Stage 4 ovarian cancer in 2001 (then finding herself in remission), Lundy says she's been on a course of spiritual reckoning that's profoundly reshaped her approach to writing and creativity. As a journalist, cookbook author and book editor, she says, she always felt constrained to ensure that her work was tailored to the expectations of readers. Nowadays, she's following her own path.

And it's a path that any lover of literature and/or food will want to follow — and can, by connecting to [www.thezenchilada.com](#). Two issues are currently available online, with more to come. And though it isn't a done deal, there have been enough requests for a hard-copy version of the magazine that Lundy and West-Barker are, happily,



"We wanted to emphasize nuance, depth and humor," said The Zenchilada's editor-in-chief Ronni Lundy, left, who raises her glass with the publisher/executive editor Pat West-Barker.



considering the possibility.

Is there a food or cooking gadget that you love? E-mail freelance columnist Marty Rosen at cjdining@gmail.com.



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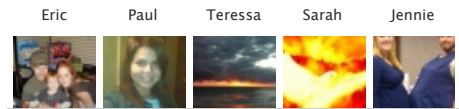
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